### To Disclose or Not to Disclose: Navigating University Accommodations for Students with Disabilities

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DISABILITY AWARENESS SUMMIT

### Session Details

- Study of 700 university students
- Analyzed disability accommodation registration
- Focus on non-completion factors
- Institutional barriers influencing choices
- Open discussion with panelists
- Explore support and accessibility
- Goal of more inclusive accommodation processes

### Learning Outcomes

- Understand the primary reasons students do not complete the university accommodations process.
- Gain insights from students' personal experiences with accommodations.
- Explore ways to reduce barriers and increase accessibility for students with disabilities.

### Submit a Question!

- If you have a question that you would like to submit to the panel, please record it on a card.
- Panelists will respond to as many questions as possible.
- Panelists reserve the right to \***not**\* answer any question for any reason.

# Students with Disabilities in Postsecondary Education

- When accessing postsecondary accommodations, the "burden of proof" is on the individual with the disability.
- A student's endorsement of a *disability identity* impacts the proactive utilization of valuable academic accommodations that promote their academic success (O'Shea et al., 2018).
  - This is especially true of students with non-apparent disabilities (Wadlington et al., 2017)
- Newman et al. (2021) studied the use of universally available and/or disabilityrelated in a nationally representative longitudinal dataset (2,330 SWDs).
  - ~60% of participants accessed universally available and/or disability-related supports
  - 43% had accessed universally available supports (but not disability-related supports.
  - 11% of respondents accessed only disability-related supports but not universally available supports.

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### Background: ISU Study

- The number of completed surveys was 166.
- Twenty-seven people consented to begin the survey but did not answer any subsequent questions, reducing the number to 139.
- Fourteen duplicate responses were removed.
- Two additional respondents were removed because their self-reported condition was a temporary medical condition
- The final included number of respondents was 123.

### Background: ISU Survey

- 1. Please identify any/all reasons that impacted your interest or ability to proceed working with Student Accessibility Services to receive reasonable accommodations.
- 2. How do you characterize your condition?
- 3. Academic level (1<sup>st</sup> year to Graduate Student)
- 4. Age
- 5. Preferred gender affiliation

### Background: ISU Survey

- 6. Did you receive accommodations for a diagnosed condition while you were in high school or another educational setting?
- 7. If 'yes,' please indicate the accommodations you were provided in that setting
- 8. Indicate the ISU College of your primary major
- 9. Are you interested in meeting with SAS staff again to discuss eligibility, resources, or services?

10. If 'yes,' please provide your contact information

Gender	Female = 88 (71%)	Male = 33 (27%)	Trans/Other = $4$ (3%)
Race/ ethnicity	White = 103 (83%)	Black or African American; American Indian, Native American, Alaskan Native; Asian or Asian American; Hispanic or Latinx; Multi-racial = 20 (16%)	No response = 1 (<1%)
Level	Undergraduate = 90 (84%)	Graduate = 33 (16%)	
International	Yes = 8 (7%)	No = 115 (93%)	
Veterans	Yes = 2 (1 %)	No = 121 (99%)	
Employment	Not employed = 33 (27%)	Employed 1-20 hrs/wk = 26 (21%)	Employed 21+ hrs/wk = 64 (52%)
First gen	No = 98 (80%)	Yes = 24 (20%)	
Time	Full-time = 116 (95%)	Part-time = 7 (5%)	

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### Background: ISU Survey

- Of the 123 respondents...
  - 89 did \*not\* access accommodations previously
  - 26 acknowledged a lack of funds for testing as a barrier
  - 55 reported that an inability to meet eligibility guidelines was a barrier
  - 71 said the amount of time to access accommodations was a barrier
  - 59 cited interpersonal concerns as a barrier

### Meet the Panel Q & A

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# Q & A

- How do you identify related to disability / for what academic or behavioral need did you receive services in the past?
- Did you attend any other postsecondary institutions before ISU? If yes, did you access accommodations there?
- Before you became an ISU student, were you aware of Student Accessibility Services (SAS)?

## Q & A

- Did you decide to register for accommodations with SAS? Why or why not?
- What advice would you give to university faculty or staff about the accommodations process?
- What advice would you give incoming students who may qualify for accommodations?

### Q & A

• Audience questions

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### Key Takeaways

- For university accommodations to be effective, internal and external barriers must be minimized.
- Personal experiences matter.
- Encouraging open communication about the accommodations process and fostering an inclusive campus culture will allow us to support the needs of all students.